

Nant BH

6th - 8th November 2023



Nant BH is an education centre based just outside Llanwrst in Conwy County.

Useful Details

- Mrs Harrison, Miss Hughes and Miss Thomson will be the staff from Northop Hall CP School to accompany the Year 6 pupils.
- On the Monday morning that we go to Nant BH, please can all bags be left in the outdoor shelter on the yard by the Pavillion gate. Parents, you are welcome to stay to wave off your children. The bus usually leaves between 9-9:30am.
- We will be back on Wednesday afternoon, usually around 2:30-3pm but it all depends on traffic.

Medication

- Medication must be clearly labelled and handed to Miss Hughes on the morning that we leave.
- If your child requires travel sickness tablets then please can you give them to your child on the morning that they travel.

Food

- PLEASE do not send your child with any sweets or snacks.
- A re-useable drinks bottle is handy for the children to bring along
- The children eat really well whilst they are away and they are encouraged to have a substantial breakfast, lunch and evening meal

Kit List

Please can we ask that you clearly label all items of clothes/shoes/coats etc.

- Wellies and waterproofs if you have them (But the Centre provide these too!)
- 2 pairs of old trainers, walking boots if you have them.
- 3 pairs of warm trousers (No jeans, please!)
- 2 jumpers/hoodies
- 3 t-shirts
- 1 set of swimwear
- 4 pairs of thick socks
- Plenty of underwear
- Hats and gloves

- Towel
- Toiletries-soap, shampoo, toothbrush, toothpaste
- Nightwear
- Slippers/indoor footwear
- 1 set of clothes for non activity time
- Torch/batteries
- Water bottle
- Bin bags for taking home wet clothes
- Pocket money for the tuck shop

Remember, the older the clothes are, the better!

Residential trips provide children with experiences that we can't easily offer in school, such as...

Gorge walking



Mountain walking



High ropes course



Canoeing



Orienteering



And so much more!



It is a chance for children to participate in team building activities, develop independence and resilience as they undertake new experiences and challenges.



If you want extra information there is a website for the centre with a 'Parents' page and a gallery showing the different activities.

<http://www.nwoes.co.uk/our-centres/nant-bh/>

Thank you for listening and please feel free to ask any questions that you may have 😊