

PENTRELLYNCYMER

24th-26th October 2022



Pentrellyncymer is an education centre based in a rural Welsh village on the edge of the Hiraethog Moors.

Useful Details

- Mrs Latham, Miss Gunther and Miss Tomson will be the staff from Northop Hall CP School to accompany the Year 4 pupils on the trip.
- On the Monday morning that we go to Pentre, please can all bags be left under the shelter by the door Year 4 use to enter school each morning. Parents, you are welcome to stay to wave off your children. The bus usually leaves between 9-9:30am.
- We will be back on Wednesday afternoon, usually around 2:30-3pm but it all depends on traffic.

Medication

- Medication must be clearly labelled and handed to Mrs Latham on the morning that we leave.
- If your child requires travel sickness tablets then please can you give them to your child on the morning that they travel.

Food

- PLEASE do not send your child with any sweets or snacks
- All pupils need to have a packed lunch for the first day in a disposable bag and containers
- A re-useable drinks bottle is handy for the children to bring along
- The children eat really well whilst they are away and they are encouraged to have a substantial breakfast, lunch and evening meal

Kit List

Please can we ask that you clearly label all items of clothes/shoes/coats etc.

- Sleeping bag/duvet and pillow case
- Wellies and waterproofs if you have them
- 2 pairs of old trainers
- 3 pairs of warm trousers (No jeans, please!)
- 2 jumpers/hoodies
- 3 t-shirts
- 4 pairs of thick socks
- Plenty of underwear
- Hats and gloves

- Towel
- Toiletries-soap, shampoo, toothbrush, toothpaste
- Nightwear
- Slippers/indoor footwear
- 1 set of clothes for non activity time
- Torch/batteries
- Disposable camera
- Water bottle
- Bin bags for taking home wet clothes
- Pocket money for the tuck shop

Remember, the older the clothes are, the better!

Residential trips provide children with experiences that we can't easily offer in school, such as...



Canoeing



Rock climbing and abseiling



Bush craft



Orienteering



Mountain Biking



Gorge Walking



And so much more!





It is a chance for children to participate in team building activities, develop stronger peer relationships and they grow in independence and confidence before our eyes.



If you want extra information there is a website for the centre with a 'Parents' page and a gallery showing the different activities.

<http://nwoes.co.uk>

Please could you also make sure that you've completed the online questionnaire as soon as possible, that would be great!

Thank you for listening and please feel free to ask any questions that you may have 😊