

PENTRELLYNCYMER

April 2017



Pentrellyncymer is an education centre based in a rural Welsh village on the edge of the Hiraethog Moors. It is about 3 miles from Cerrigydrudion.

Useful Details

- What happens on the morning that my child goes to Pentrellyncymer?
- What happens if my child is ill whilst there?
- What happens if my child gets homesick?
- Who will be looking after my child?
- When will my child be home?

Medication

- Medication must be clearly labelled and handed to Miss Hughes on the morning that we leave.
- If your child requires travel sickness tablets then please can you give them to your child on the morning that they travel.
- Please can you stay behind today if you need to go through any of the medical needs that were on the forms.

Food

- No need to bring sweets
- Please can all pupils have a packed lunch for the first day in disposable containers
- After that they make own lunch each day
- Encouraged to have a substantial breakfast, lunch and evening meal
- Serve meals to each other

Residential trips provide children with experiences that we can't easily offer in school, such as...



Canoeing



Rock climbing and abseiling



Bush craft



Orienteering



Gorge Walking



And so much more!





It is a chance for children to participate in team building activities, develop stronger peer relationships and they grow in independence and confidence before our eyes.



Kit List

Please can we ask that you clearly label all items of clothes/shoes/coats etc.

- Sleeping bag/duvet and pillow case
- Wellies and waterproofs if you have them
- 2 pairs of old trainers
- 3 pairs of warm trousers (No jeans, please!)
- 2 jumpers/hoodies
- 3 t-shirts
- 4 pairs of thick socks
- Plenty of underwear
- Hats and gloves

- Towel
- Toiletries-soap, shampoo, toothbrush, toothpaste
- Nightwear
- Slippers/indoor footwear
- 1 set of clothes for non activity time
- Torch/batteries
- Disposable camera
- Water bottle
- Bin bags for taking home wet clothes
- Pocket money for the tuck shop (last night)

Remember, the older the clothes are, the better!

<http://nwoes.co.uk>

If you want extra information there is a website for the centre with a 'Parents' page and a gallery showing the different activities.

Just to check; have you all ticked the boxes on the forms to specify that you are happy for photographs to be used by the centre? We have now been asked to see whether you would mind them appearing in some videos that may go on the website? If not, please just mention it to us!

Thank you for listening and please feel free to ask any questions that you may have!